

Module 2: Know Your (Human) Rights: Education for Youth Empowerment  
**Breakout Room Notes**

Instructions:

You will be placed into groups of 4-6 people. You will have ten minutes in these groups.

Introduce yourselves, and then discuss the following prompts:

- Strategize ways to support and empower youth. What ideas do you have?
- What specific resources are you aware of to help with developing these ideas?  
Alternatively, what kinds of resources would be helpful?

Take notes in your respective group's box below.

Before time is up, designate a member of your breakout group to share out to the large group.  
You will share a brief (~1 minute) recap of what you discussed.

<b>Group 1</b>
<u>Members:</u> Kevin, Mihreya, Sarah, Kara
<u>Ideas:</u> <ul style="list-style-type: none"><li>• Hear from others</li><li>• Wellness checks, recognition of health and youth welfare</li><li>• Human rights as a subject intertwined with others, not so abstract</li><li>• Buddy system</li><li>• Student government or other youth regular meetings with school decision makers.</li><li>• Actively listening</li><li>• Civic engagement classes mandatory and early (high school)</li><li>• Little discussions</li></ul>
<u>Resources:</u> <ul style="list-style-type: none"><li>• <a href="https://www.gcu.edu/blog/teaching-school-administration/benefits-implementing-buddy-system-schools">https://www.gcu.edu/blog/teaching-school-administration/benefits-implementing-buddy-system-schools</a></li></ul>

<b>Group 2</b>
<u>Members:</u> Jake, Corrine, Sam
<u>Ideas:</u> <ul style="list-style-type: none"><li>• Middle school: Children should not be afraid to go to school (i.e. Palestine)</li><li>• Framing how you center human rights as something that can be accessible and critical for all</li><li>• Deep, authentic conversations</li></ul>

- Authentic media literacy

Resources:

- 

**Group 3**

Members: Jenna, Kristi, Elizabeth, Desi

Ideas:

- Becoming educated: promoting the education of human rights and helping the youth become aware of their fundamental rights
  - Balance the education with fun - not making things so pessimistic
  - Making it inclusive and fun
- Mentorship and guidance
  - Connect youth with mentors
  - Leadership
- Make things more personal to people

Resources:

- <https://www.youtube.com/watch?v=Dnq2QeCvwpw>
- [California Association of Youth Commissions \(californiayouthcommissions.org\)](http://californiayouthcommissions.org)

**Group 4**

Members: Chris, Danielle and Tia

Ideas:

- Look at allies within the system
- Look at the pieces of the existing curriculum
- Tie it with SEL learning
- Look at how to tie it with ECE

Resources:

-